

Bananenbeignets

Rezept für 4 Portionen
Dauer: ca. 30 Minuten

Zutaten:

Zutat	Menge
Speiseöl / Öl	1 Flasche(n)
Feinkristallzucker	75 g
Weizenmehl (universal)	250 g
Bananen	6 Stk.

Zubereitung:

For this recipe, you need 6 ripe bananas

1. Mash the bananas with a fork
2. Add the sugar and mix
3. Add the flour and mix again, you should obtain a dough not too liquid and not too firm
4. Put some spice. It can be vanilla, nutmeg, cinnamon, etc...
5. Put the half of a bottle of oil in a pan, heat it
6. With a spoon put pieces of the dough in the hot oil and fry them until they get brownish

You can add more sugar, flour and milk if you want

Gutes Gelingen wünscht



Link zu diesem Rezept: <http://www.koch-idee.at/Rezept-2098-Bananenbeignets.html>
Mehr leckere Koch-Ideen zum Nachkochen gibts auf www.koch-idee.at